



Thirsk School

& Sixth Form College

PE Extra-Curricular Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime Clubs 12:20 - 1:00pm	Y7 Lunchtime League – JW/ JD Rugby – Years 9/10/11+ 6 th form – JB/ JD/ DB Dodgeball – BG - Gym	Basketball - JW Gymnastics - JMC	Y7/8 Boys Rugby – JB/JD Year 9&10 Lunchtime League – DN/ DC Work Out of the Day - JW	Exercise to music (girls only) – Gym - BJH Yr 8 Lunchtime League – SH – DN/DC GCSE PE revision – JW/BG	Dodgeball – BJH - Gym Girls Rugby – JB Netball – All Years - JMC
After School Clubs 3:25pm - 4:30 pm	Rugby 9/10/11 + 6 th Form – JB/ JD Girls Football – BJH - Astro Boys Football – Years 8/9/10 – JW/ DC- Astro Netball 10/11/ 6 th Form - BG	Netball – 7/8/9 - JMC	Rugby 7/8 - JB Trampolining – BG/BJH Badminton – GCSE Students only – JW	Football – Y7 - JD Hockey – LB/JB GCSE Intervention – JW Cambridge National Intervention – BJH	Badminton – Sports Hall – 6 th Form

All clubs are FREE OF CHARGE and ALL students are welcome to attend