



# Thirsk School

& Sixth Form College

## PE Extra-Curricular Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime Clubs</b> <b>12:20 -1:00pm</b>	Y7 Lunchtime League – JW/ JD  Rugby – Years 9/10/11+ 6 <sup>th</sup> form – JB/ JD/ DB  <b>Dodgeball – BG - Gym</b>	Basketball - JW  Gymnastics - JMC	Y7/8 Boys Rugby – JB/JD  Year 9&10 Lunchtime League – DN/ DC  Work Out of the Day - JW	Exercise to music (girls only) – Gym - BJH  Yr 8 Lunchtime League – SH – DN/DC  <b>GCSE PE revision – JW/BG</b>	Dodgeball – BJH - Gym  Girls Rugby – JB  Netball – All Years - JMC
<b>After School Clubs</b> <b>3:25pm - 4:30 pm</b>	Rugby 9/10/11 + 6 <sup>th</sup> Form – JB/ JD  Girls Football – BJH - <b>Astro</b>  Boys Football – Years 8/9/10 – JW/ DC- Astro  Netball 10/11/ 6 <sup>th</sup> Form - BG	Netball – 7/8/9 - JMC	Rugby 7/8 - JB  Trampolining – BG/BJH  <b>Badminton – GCSE Students only – JW</b>	Football – Y7 - JD  Hockey – LB/JB  GCSE Intervention – JW  Cambridge National Intervention – BJH	Badminton – Sports Hall – 6 <sup>th</sup> Form

**All clubs are FREE OF CHARGE and ALL students are welcome to attend**